



# Essential Educational Events

## June 2009

<b>Class descriptions following calendar.</b>	1	2	3	4 <u>Grand Jct.</u> Everyday Oils FREE 6:00-7:00 pm Premier Chiro 434-6360	5	6
7	8	9 <u>Grand Jct.</u> Sharing Abundance 7:00 pm Free for members. RSVP Lana 270-6577	10	11 <u>Grand Jct.</u> Raindrop Demo-FREE Premier Chiro 434-6360	12 <b>Last day to RSVP for Kiowa events tomorrow, especially if you join us for Lunch</b> (303)360-8031 (970)270-6577 Denver area Releasing Stress 6 pm 970-270-6577	13 <u>Kiowa, CO</u> 11:00 am Everyday Oils 12:00 Lunch (provided) 1:00 pm Reflexology 2:15 pm Raindrop Demo 3:15 pm Mini Raindrop
14 <u>Aurora, CO</u> 11:00-Noon Raindrop Demo  2:00-3:00 pm Vita Reflexology  RSVP Sharon 303-360-8031	15 <u>Aurora, CO</u> Essential 7 kit Free 7-8 pm RSVP Sharon 303-360-8031	16	17	18 <u>Grand Jct.</u> Vita- Reflexology 6:00-7:00 pm Premier Chiro 434-6360	19	20
21	22 <u>Grand Jct.</u> Everyday Oils - FREE Intro class Premier Chiro 6:00-7:00 pm RSVP 434-6360	23	24  Last day to RSVP for Facial tomorrow night 270-6577	25 <u>Grand Jct.</u> Look Younger FACIAL! 6:30-8:30 pm Larry&Lana's \$6.00/person, limited seating Treat a friend!	26	27 <u>Delta area</u> Everyday Oils 11:00 - Noon Bring Your Own Brown Bag Lunch Intro to Essential Reflexology 1:00-2:00 pm RSVP Gloria 874-9753
28	29 <u>Grand Jct.</u> FREE Core Nutrition Larry & Lana's 6:30- 7:30 pm RSVP 270-6577	30	<b>One-on-One &amp; couples training available for Raindrop, Vitaflex, Reflexology. A small fee is charged for Raindrop Training - FREE if you have your own Raindrop oils.</b>			

Please note that RSVP phone number is noted in red, sometimes on the day before class. Please RSVP.

**Releasing Stress:** Learn to relax body, mind and spirit with pure, therapeutic grade essential oils.

**Everyday Oils/Everyday Emergencies** - You can sample the oils in our Everyday Oils kit and find out how they can save you trips to the doctor and save you money on over-the-counter drugs. Stay healthy everyday, especially during outbreaks! Open to anyone and bring a friend or two.

**Sharing Abundance** - A gathering for Young Living members interested in sharing Young Living products with others, getting products for free, and building a network of new friends! We'll check out residual income, bonuses, tax info, how to share and lots more in these monthly get-togethers.

**Intro to Essential Reflexology** - Learn to access all systems of the body by applying essential oils to the feet. A wonderful way to share the oils with everyone, especially babies and children. FREE class! Short hands-on time at end of class. **Offered as a benefit to OilsRus Team Members.**

**Vita Reflexology** - You will learn to use Vitaflex Technique to maximize your Essential Reflexology! This is a hands-on session where you can work on your own feet or bring a guest to work on! **Prerequisite:** Intro to Reflexology or Essential Reflexology or prior knowledge of reflexology. **Fingernails must be VERY short!** Offered FREE as a benefit to OilsRus Team Members.

**Raindrop Demo** - Lana will demonstrate Raindrop Technique on the host/hostess of this session. FREE! **Open to OilsRus Team Members and their guests.**

**Mini Raindrop** - A quickie Raindrop for those with special needs or very limited time. This is a hands-on class where you learn the techniques of a full Raindrop and you get to practice on each other! FREE! **Please bring a bath towel and a hand towel. Fingernails must be VERY short!** Offered to OilsRus Team Members and their guests.

**Essential 7 Kit** - You will find out why they named this kit Essential 7! Sample each oil in the kit - PanAway, Peppermint, Lemon, Purification, Peace & Calming, Joy, and Lavender. Learn how to use essential oils to maximize your health! **Introductory class open to anyone - bring a friend!**

**Oils Kit Intensive** - We will go through as many of Young Living's Essential Oil kits as we have time for - Everyday Oils, Golden Touch I, Feelings, Essential 7, Oils of Ancient Scripture, Raindrop Oils, Essence of Season. You will get to smell them all! **Open to anyone - bring a friend!**

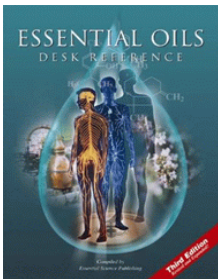
**Look Younger Facials** - How to make an awesome facial steam and mask and try Young Living's Fortify with Frankincense package - ART (Age Refining Technology) along with Boswellia Wrinkle Cream to look younger and healthier! Pamper yourself a little at this totally enjoyable class. This is not an Express class because we want you to relax and rejuvenate. \$6/person to offset cost of materials. **Please bring your own bath towel, hand towel and wash cloth so we can keep costs down.** You must RSVP to reserve your place at the facial table! This hands-on Facial workshop will be at Larry & Lana's house - 270-6577 or 434-4844. **Open to anyone.**

**Core Nutrition** - Why supplementing your family's diet is so important today so you have the energy and vitality to meet the demands of today's busy lifestyles! Learn to regain or retain your health. Sample some of Young Living's nutrient-rich supplements at this **FREE class open to anyone.** Larry & Lana's house - please RSVP 270-6577 or 434-4844.

Check out Young Living's Specials at [www.youngliving.us](http://www.youngliving.us) or call Lana for the monthly specials! If you are not currently on Essential Rewards, ask us how to get free products.

**Look Younger Facials, Feel Better Foot Baths & Vitaflex Technique coming to Denver area in July!**

## Essential Oils Reference Books



There are a lot of things to learn about Essential Oils. For that reason, I'd like to suggest that you invest in one of the reference guides shown below. Essential Oils Desk Reference is published by Essential Science, and is one of the most complete reference books available. Whether you are a beginner or a seasoned veteran with essential oils, this book will provide hundreds of new insights and application instructions for improving health and vitality for yourself and your family. The new 4<sup>th</sup> edition book, quick reference and CD is available for purchase at <http://www.essentialscience.net>.

*"The Essential Oils Desk Reference is a godsend to the world and will ultimately alleviate more pain and suffering than all of the medical texts now in print. This book needs to be in*

*every home and office in the country and should be the basis for courses taught in our colleges and public schools."* **David Stewart, Ph.D.**

*"After closely examining this comprehensive reference to essential oils, I find myself understanding their usage as never before! This unparalleled scientific work is truly worth its weight in gold. Taking essential oils to a new level of understanding and therapeutic application, this book will long be heralded as a benchmark into the new millennium."* **Brengon G. Yorgason, Ph.D.**

Another wonderful reference you can get instead is the new 11<sup>th</sup> edition "Reference Guide for Essential Oils" available at Abundant Health <http://www.abundanthealth4u.com>. It is spiral bound so it stays open while you are mixing oils or working on someone. Feel free to contact me if you have questions about how to obtain either of these powerful reference guides.



Also available at Abundant Health is an A-Z reference section with oil suggestions for ailments that you can use until you get your desk reference.

[http://www.abundanthealth4u.com/Personal\\_Usage\\_Guide\\_s/46.htm](http://www.abundanthealth4u.com/Personal_Usage_Guide_s/46.htm) They also have great gift ideas, sample bottles, sample cards, oils carrying cases and lots more on their website.

### **FREE EDUCATION 24 HOURS EVERYDAY on [www.oilsrus.com](http://www.oilsrus.com)!**

Get your free access - Call or email us for the password to our growing library of audios and videos on our website as well as links to other educational sites! Our library is only available to members and we ask that you not share the password with anyone unless they are already members of your team. There are 4 training CD's I highly recommend for you to listen to on our website - Training Disk 66-69 Essential Oils for Emotional Health, Parts 1-4. You will learn about each oil in each blend and how they all work together in the blend. Tons of good info on these - not just about emotional health! For you business-minded folks, we have added 7 Habits of Highly Effective Network Marketers by Covey and we will soon be adding Harmony, Joy & Abundance by Vicki Opfer. This is our way of "loaning" our materials because we have folks in other states now. If, for some reason you need a hard copy, please let us know.

### **How I Used Oils This Week:**

For shoulder pain, PanAway with Elemi applied over the top. Elemi also enhances other oils like peppermint. Peppermint didn't seem to do the trick for this particular pain but the Elemi worked wonders! I had also tried the Deep Relief but it didn't seem to help a whole lot either.

**Last, but not least - THANK YOU to our hosts and hostesses for all the new classes! We are grateful for your hospitality and we are blessed to count you as friends and family!**

[www.oilsrus.com](http://www.oilsrus.com)

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Larry & Lana Ross, Member #712451

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(970) 270-6577