




July 2009

OilsRus 90-Day Total Health Challenge July 5th-October 3rd! Free Challenge open to everyone - call or email us to register.			1	2 <u>Grand Jct.</u> Everyday Oils FREE 7:00-8:00 pm Larry & Lana 270-6577	3	4 Independence Day 
5 OilsRus 90-Day Total Health Challenge starts today!	6 <u>Grand Jct.</u> Feel Good Footbath 7 pm FREE Lana 270-6577	7	8	9	10	11
12	13	14 <u>Grand Jct.</u> Business Builders 11:30 am at Gala Cafe RSVP Lana 270-6577	15	16 Denver area classes TBA Call or email Lana for updated info 970-270-6577	17 Denver area classes TBA Call or email Lana for updated info 970-270-6577	18 <u>Denver area</u> 8:00 am Bus. Builders 970-270-6577 1:00 NingXia foot bath 2:30 Facials Sharon 303-360-8031
19 Denver area classes TBA Call or email Lana for updated info 970-270-6577	20 Denver area classes TBA Call or email Lana for updated info 970-270-6577	21	22	23 <u>Grand Jct.</u> Cancer Research Power Point presentation 7:00-8:00 pm Lana 270-6577	24	25 <u>Delta area</u> classes TBA Gloria 874-9753
26	27	28	29 <u>Grand Jct.</u> TBA Lana 270-6577	30	31	Have you had a Raindrop yet?

Feel Good Footbaths: Pamper yourself a little by experiencing a NingXia Red footbath! Relaxing and detoxifying, NingXia Red isn't just an energy infusion! No charge - feel free to bring a friend!

Everyday Oils/Everyday Emergencies - You can sample the oils in our Everyday Oils kit and find out how they can save you trips to the doctor and save you money on over-the-counter drugs. Stay healthy everyday, especially during outbreaks! Open to anyone and bring a friend or two.

Business Builders - A gathering for Young Living members interested in sharing Young Living products with others, getting products for free, and building a network of new friends! We'll check out residual income, bonuses, tax info, how to share and lots more in these monthly get-togethers. This month we're meeting for **lunch at Gala Café** by Partyland! Denver group will meet at a restaurant, location to be announced.

Cancer Research Presentation - Learn the latest research with essential oils and cancer. This Presentation is about an hour on DVD by a researcher in the field. FREE - bring a friend!

Look Younger Facials: You will get to sample the ART (Age Refining Technology) skin care and try a facial steam and mask that you will get recipes for. **Please bring your own bath towel, hand towel and wash cloth to this hands-on facial workshop! RSVP necessary** so we have enough steam bowls.

Want to join the OilsRus 90-day Total Health Challenge?

Are you totally out of shape and ready to improve your health? With each other's support we can start and continue

exercising as we improve our diets! We might even do a weekly water walk/run in the pool if the weather permits. Yes, you can join even if you don't live in Grand Junction - we'll support you by internet and phone. There is no charge for the Total Health Challenge and the exercise and diet challenges are gradual, and cost effective! Call or email for more info or to get registered for the Challenge!

July 5th through October 3rd

Facials in Grand Junction were a hit! Everyone's skin felt softer than ever before and our skin glowed when we were done!

Essential Oils Education

In this day and age it is important to educate yourself so you can save money by improving your health and staying healthy! Learn how your body works and what it needs to get well and stay well. There is a wealth of information offered by Young Living and Young Living members on the internet and there are some really good webinars and radio programs out there. I try to send info as I run across it so let me know if you aren't getting info.

If you are a member of the OilsRus Group, please check out our Training section on our website. Email us for the password so you can access information anytime you need to!

St. Louis - Simply Supplements July 7th & One Degree of Difference Training July 18th.

Colorado Springs -Simply Supplements August 11th

Check Young Living's Events for more details on these and events in your area!

How I Used Oils This Week:

While in Delta doing some training yesterday, I had nagging low back pain. We were doing reflexology so I asked for a Valor balance and for Idaho Balsam to be applied to my feet. I still have no back pain today! I love these oils!!!

Young Living July Specials

10% off on Relieve It essential oil blend. Relieve it is great for deep tissue or long term pain. It contains the anti-inflammatory oils of Spruce, Black Pepper, Peppermint and Hyssop. Dilute 50:50 and apply on location followed by a cold or hot compress.



Earn Free NingXia Red!



This July, energize, fortify, and replenish with NingXia® Red! To kick this summer off right, Young Living is offering a special promotion. July 1—31 when you place an order of **225 PV** or more, you'll receive a two-pack of NingXia Red absolutely *free*!

Don't miss this opportunity to earn a *free* two-pack of NingXia Red—a wholesale value of \$77.00!

NingXia Red

NingXia Red is a naturally delicious, nutrient-infused wolfberry drink that will energize, fortify, and replenish your body. Rich in wide-spectrum antioxidant activity, NingXia Red has the highest levels of naturally occurring, age-defying S-ORAC activity to help support immune function, cardiovascular health, and nourish the eyes.* NingXia Red also contains lemon and orange essential oils rich in the powerful antioxidant d-limonene to promote healthy liver function.* Whole Ningxia wolfberries and other nutrient-dense fruit juices, like blueberry and pomegranate, make NingXia Red the perfect choice for optimizing wellness and stepping up to a whole new level of health.

Health Care Without Prescriptions!

www.oilsrus.com

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