



Oil and perfume make the heart glad,  
So a man's counsel is sweet to his friend. *Proverbs 27:9*

OilsRUs is an Essential Oil Users Group focused on teaching you to: take charge of your health, preserve or improve the health of your family, save time/money, and have fun doing it!

## November/December

## 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 <b>Healthy Medicine Cabinet</b> 6:30-7:30 pm FREE RSVP!	6	7
8	9 <b>Business Builders</b> Location TBA 11:30-1:00 pm	10	11	12 <b>Monthly Oils Playshop</b> 7:00-8:00 pm FREE RSVP!	13	14
15	16	17	18	19	20	21 <b>Essential Gift Making</b> 12:00-2:00 pm RSVP by 11/18
22	23	24	25	26 <b>Happy Thanksgiving!</b>	27	28
29	30	<b>Dec. 1</b>	2	3 <b>Bible Oils Workshop</b> 6:30-8:30 pm FREE RSVP!	4	5
6	7	8	9	10 <b>Monthly Oils Playshop</b> 7:00-8:00 pm FREE RSVP!	11	12

**Would you like to host a workshop/playshop for your friends? Ask us how we can help!**

All workshops will be held at Larry & Lana Ross' house: 620 Tropicana Drive (directions and RSVP 434-4844 or 270-6577 or print the map on our website): [www.oilsrus.com](http://www.oilsrus.com)

**Healthy Medicine Cabinet** - Learn how to make your medicine cabinet healthier by substituting pure therapeutic grade essential oils for toxic over-the-counter products. Dealing with everyday ailments is easy and economical with Young Living's essential oils and the only side effects are good ones!

Please RSVP so we have plenty of handouts ready. Feel free to invite a friend!!

Thursday, November 5<sup>th</sup>, 6:30-7:30 p.m.

**Monthly Business Builders Group** - 2<sup>nd</sup> Monday of each month - for those interested in sharing Young Living with others and building a business. Get on our Business Builders email list for updates and locations.

Monday, November 9<sup>th</sup>, 11:30 a.m.-1:00 p.m.

**Monthly Playshop** - 2<sup>nd</sup> Thursday of each month. Bring a friend and learn to use therapeutic grade essential oils on the feet to target specific body systems. We will continue our "Organ of the Month" playshop using the book "Ultimate Balance." For November we will target the BLADDER. If you have any of the following oils, bring them, as we will be doing some hands-on work: Valor, Release, Surrender, Into

the Future, Forgiveness, Juniper, Sage, Geranium, DiGize. Your oil will be for your own use.

In December we will target the GALL BLADDER so bring JuvaFlex, Juva Cleanse, GLF, Transformation, Forgiveness, Humility, Ledum, or Grapefruit if you have one or more of them for your use.

Also, we just received the **Ecuador Essentials** kit we ordered at the Young Living meeting so you are welcome to experience those oils as well. Please RSVP so we have plenty of handouts ready. **FREE!**  
**Thursday, November 12<sup>th</sup> and Thursday, December 10<sup>th</sup>, 7:00-8:00 p.m.**

**Essential Gift Making Playshop** - Learn to make an aromatic, stress relieving sand garden or bath salts for that hard to shop for person! Take either a bath salts or a sand garden home with you for \$5. No charge if you just want to stop by and see the projects. RSVP by 11/18 so I have plenty of materials on hand - let me know whether you prefer to make bath salts or the sand garden. 270-6577 or [lane@oilrus.com](mailto:lane@oilrus.com)

**Saturday, November 21<sup>st</sup>, Noon-2:00 p.m.**

**Bible Oils Workshop** - Discover why the oils such as frankincense and myrrh mentioned in the Bible were so valuable for healing. Bring your Bible as we will be reading verses. All the Oils of Ancient Scripture Kit will be available to experience.

**Thursday, December 3<sup>rd</sup> 6:30-8:30 p.m.**

### ***Relax & Rejuvenate Your Body & Refresh Your Spirit with Raindrop Technique!***

Raindrop is a remarkable experience combining several energy and natural healing modalities. Therapeutic grade essential oils are layered onto the bottoms of the feet and the spine using Vitaflex Technique. This technique supports all systems of the body, especially the immune system, and helps your body get rid of the toxins that have built up over the years - a healing experience for the body, mind and spirit. **Call or email Lana to set up your training session to learn how to perform the Immune Boosting Raindrop Technique on your loved ones! 270-6577 - [lane@oilrus.com](mailto:lane@oilrus.com)**

### ***Check Young Living's Current Promotions!***

[http://www.youngliving.com/en\\_US/products/promotions/](http://www.youngliving.com/en_US/products/promotions/) or call Young Living 1-800-371-3515

The November Specials are enclosed if you don't have email.

### ***Essential Oil Spotlight - Abundance blend***

We spotlighted this blend last year at this time and it is worth repeating! A warm spicy blend with cinnamon, clove, ginger, patchouli, orange, frankincense, myrrh and spruce. Dilute with V-6 Mixing Oil and warm your joints, hands and feet during the cold weather. Possession of these oils and spices in ancient times was a sign of wealth. These oils carry the frequency of abundance so enjoy!

### **Educational Resources**

Our website is much easier to navigate now. We have educational CD's available for our team to "borrow" on our website. Email us for the password to access them. There is tons of information on these CD's! We will be adding links to some other resources and some of these are password protected as well. It is appreciated if you do not share the password with anyone but your own team. If you have problems accessing these resources, please let us know.

<b>Larry &amp; Lana Ross</b>	
<b>OilsRus Essential Oil Users Group</b>	
<b>Home: (970)434-4844</b>	<b>Cell: (970)270-6577</b>
<a href="http://www.oilrus.com">www.oilrus.com</a>	<a href="mailto:lane@oilrus.com">lane@oilrus.com</a>
<b>Young Living Member #712451</b>	

***Health Care Without Prescriptions***

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***Changing the World 100 Trillion Cells at a Time***